

OPEN THE DOORS when the ball is in play near the door. This is clearly for safety purposes. This violation is a change of possession for offensive teams and a 2-minute, time serving foul for a defensive team.

Defensive Rules

1. ILLEGAL BODY CHECKING

No player shall check another with their body in a deliberate manner. The result is expulsion from the game. Accidental body checks will be given a 5-minute, time serving foul. The decision is the Official's whether or not it was deliberate.

2. BOARDING

Players are not allowed to push or strike a player into the walls of the field in a deliberate manner. The result is a five-minute, time serving penalty or expulsion from the game. The Official will consider the severity and the intention of the boarding.

3. ILLEGAL CONTACT

Any contact between players that is deemed by the Official to be inappropriate, uncalled for or illegally advantage gaining while the ball is in play.

4. SLASHING

Any check with the stick that is uncontrolled, malicious or excessive. Any check striking an opposing players' head or neck. Any check striking an opponents legs or back. Any check that was delivered without two hands on the stick. This can be a 2 or 5 minute, time-serving foul depending on the severity of the check.

5. CROSS CHECKING

Any check with the center portion of the stick, between the gloves, without at least one of the gloves being in direct contact with the opposing player, will be considered a cross check. This is a 2-minute, time serving foul.

6. PUSHING

Any push that causes an opposing player to lose advantage, whether it is from the side or the front. Any pressure that comes from behind. If the push occurs during a loose ball, the non-pushing team gets possession. If the team in possession of the ball pushes, there is a change of possession. If the team NOT in possession of the ball pushes, then there is a 2-minute, time serving foul.

7. UNNECESSARY ROUGHNESS

Any player that engages in extra aggressive play while on the field. Running through a pick falls in this category. This can be a 2 or 5 minute, time-serving foul depending on the severity of the offense, and also expulsion if the offense is particularly malicious.

8. TAUNTING

Any player talking trash to any other player or making a derogatory gesture to another player will be asked to leave the field. This also includes excessive celebration that can